

Little Heath School Sixth Form

Year 12 Induction Evening for Parents 2016

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| BTEC Sport (Level 3) |

Welcome to the department

Miss Hodder – lhodder@littleheath.org.uk

Mrs Jessop – rjessop@littleheath.org.uk

Miss Upston – [cupston@littleheath.org.uk](mailto:cupston@littleheath.org.uk)

Mr Mowczan – jmowczan@littleheath.org.uk

Eight lessons over a fortnight.

**Year 12 Units**

Unit 1 – Principles of Anatomy and Physiology

Unit 2 – The Physiology of Fitness

Unit 3 – Assessing Risk in Sport

Unit 7 – Fitness Testing for Sport and Exercise

**Year 13 Units**

Unit 5 – Sports Coaching

Unit 11 – Sports Nutrition

Unit 17 – Psychology for Sports Performance

Key to success at A Level

Students will be expected to carry out individual and group research, produce displays construct questionnaires and surveys and present ideas in power points or videos. To succeed they need to ensure they are keeping up to date with assignments and meeting deadlines. They will need to carry out some research at home, and then explain their findings which will help to complete assignments. They must refer to their PLCs to ensure they are completing the criteria needed for each assignment.

What parents can do to help

Parents can help to ensure their son/daughter are meeting assignment deadlines and are carrying out research at home, checking to make sure they’re on target to meet their deadlines.

Important deadlines

9th December 2016 – Final copy Unit 1

9th December 2016 – Final copy of Unit 3

12th May 2017 – Final copy of Unit 2

12th May 2017 – Final copy of Unit 7